my Light, my Culture, my Health

AEFI 2019

IES - District 6

Advanced Educational Fly-In

Winnipeg, Manitoba, Canada **February 21-22, 2019**







AEFI – SCHEDULE OF EVENTS

- WELCOME RECEPTION ON THURSDAY EVENING
- INTERNATIONAL LINE UP OF SPEAKERS PRESENTING LATEST LIGHTING TOPICS
- IES UPDATES FROM NATIONAL REPRESENTATIVES
- LUNCH CATERED FROM ERA BISTRO (CANADIAN MUSEUM FOR HUMAN RIGHTS)
- LIGHTING TOUR OF THE CANADIAN MUSEUM FOR HUMAN RIGHTS
- COLOURED LIGHT YOGA CLASS



Welcome Reception

JOURNEY TO CHURCHILL EXHIBIT ASSINIBOINE PARK ZOO









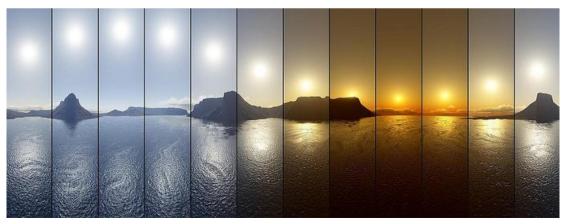
Lighting Presentations & Seminars

LIGHT & HEALTH

Lance Bennett (Current IES President, Eaton Lighting) **History of Light & Health**

Cheryl English (Past President IES, Acuity Brands)

Light for Satisfaction: Daylight, Tools & Tuning









Lighting Presentations & Seminars

IES NATIONAL UPDATES

Tom Butters (Director of Education, IES) **Education Updates**

Tim Licitra (Executive Director, IES)

State of the Association











LIGHT & HEALTH

Shirley Coyle (Cree, Inc)

Why We Light Our Streets & Roadways

Nancy Clanton (Clanton & Associates)

Does Spectrum Matter?











LIGHT & CULTURE

Paul Boken (Mulvey & Banani)

Museum Lighting Design

Doug McMillan (AES Engineering) **Dynamic Lighting & Art**





Lighting Tour

CANADIAN MUSEUM FOR HUMAN RIGHTS

PAUL BOKEN, LIGHTING DESIGNER









Lighting Presentation & Workshop

LIGHT & HEALTH

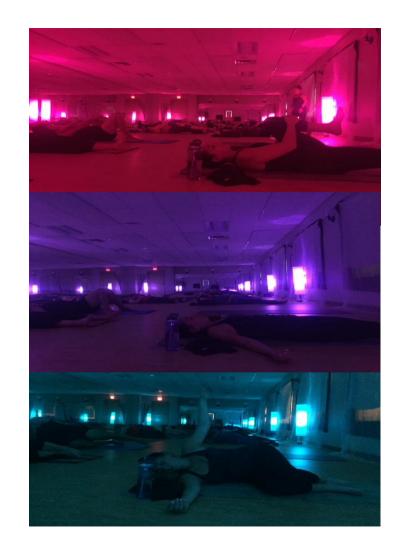
Elaina Samardzija (SMS Engineering) Kerri-Lynn Wilkinson (Modo Yoga)

Effects of Coloured Light on Yoga Practices



COLOURED LIGHT YOGA CLASS

Following a lunchtime presentation on the Effects of Coloured Light on Yoga Practices, AEFI is offering a coloured light yoga class: a slower moving class with a focus on restoration, stretching, and relieving tension. This hatha yoga class will be exploring the connection between coloured light and postures that emphasize stretching and restoring, rather than building strength.





Local Attractions

THE FORKS MARKET LOCAL RESTAURANTS SPORTING EVENTS MUSEUMS & ART GALLERIES



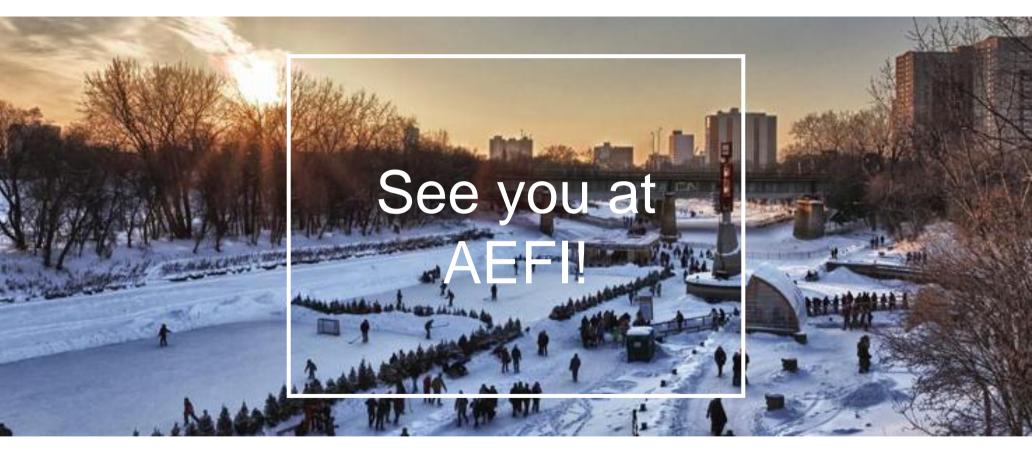




"Mark your calendars now for two days of networking and education in the heart of Canada. Between polar bears at the Thursday night reception and the Canadian Museum of Human Rights as the amazing educational venue, you won't want to miss this event."

For more information on the Museum visit: humanrights.ca

For conference information, speakers, topics and accommodations, visit: www.ieswinnipeg.org/events



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